



Adventures in Learning





Sports Spotlight

Penketh High School's Rowing Team recently showcased their prowess at the WYR Indoor Rowing Championships, joining over 400 pupils from 35 schools in a thrilling display of athleticism and determination. Among the standout performers was Zher, a remarkable pupil whose dedication and skill propelled him to an impressive 8th place finish out of 165 competitors.



Penketh High School is beaming with pride as Lara, a talented pupil from Year 9, soared to an impressive 4th place in the recent regional Trampoline championships. Lara's dedication to her sport and her outstanding performance are a testament to her hard work and perseverance. Her achievement not only highlights her individual talent but also reflects the supportive environment fostered by Penketh High School, where students are encouraged to pursue their passions and excel in their chosen endeavours.





Introducing the 2024 Academy Sport + Pupils

PENKETH HIGH SCHOOL'S
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ACADEMY
SPORT +



Well done Zher for being selected to represent Team Warrington! Heading to London's Copper Box Arena for the #NJIRC National Junior Indoor Rowing Championships. Incredible performance finishing 11th in his race!



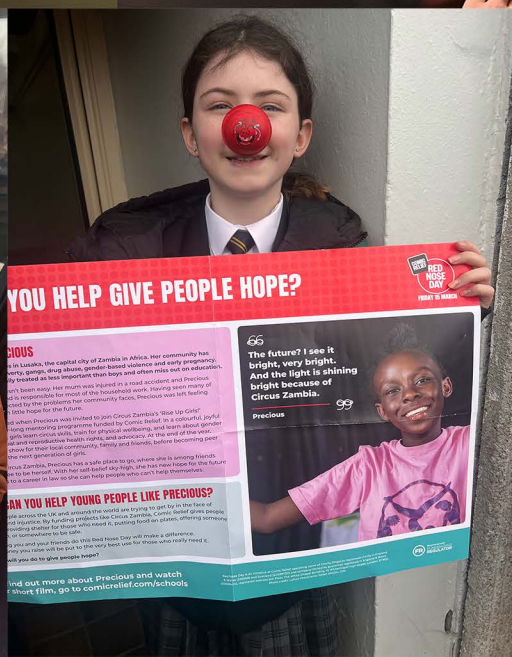
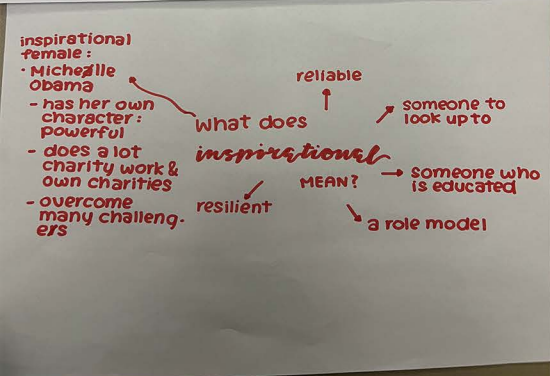


Pupil Leadership Team



The PLT have been hard at work around school and the local community, raising money and awareness for several causes and charities, such as Comic Relief and International Womens Day. They have also begun to make connections with the local care home and have attended TCAT Parliament meetings, getting involved in trust wide projects surrounding the environment and mental health.

The PLT have lots of plans in the pipeline ready for the new year and they can't wait to share their projects with everybody in the coming weeks, including the results of the Easter Raffle.





Designated Provision



SAFEGUARDING

CHILDLINE -24 HOUR

HELPLINE FOR UNDER 18S
0800 11 11
WWW.CHILDLINE.ORG.UK

NSPCC

24 HOUR CHILD PROTECTION
HELPLINE 0800 800 5000
WWW.NSPCC.ORG.UK

THE PROUD TRUST

LGBT AND YOUTH SUPPORT
0161 660 3347
WWW.THEPROUDTRUST.ORG

CANCER SUPPORT

CANCER SUPPORT LINE
0808 800 1234
WWW.CANCERBACUP.ORG.UK

CRIME VICTIMS

VICTIM SUPPORT
0845 303 0900
WWW.VICTIMSUPPORT.ORG.UK

CRIMESTOPPERS

CRIME PREVENTION
0800 555 111
WWW.CRIMESTOPPERS-UK.ORG

NATIONAL MISSING PERSONS

PARENTS HELPLINE
0500 700 700
WWW.MISSINGPERSONS.POLICE.UK

RUNAWAY HELPLINE

PARENTS HELPLINE
0800 800 70 70
WWW.RUNAWAYHELPLINE.ORG.UK

SAMARITANS

24 HOUR SUICIDE PREVENTION LINE
08457 90 90 90
WWW.SAMARITANS.ORG.UK

STOP SMOKING

QUITTING HELPLINE 9AM-9PM
0800 00 22 00
WWW.QUIT.ORG.UK

KIDSCAPE

KEEPING SAFE, BULLYING & HOW TO COPE
020 7730 3300
WWW.KIDSCAPE.ORG.UK

YOUTH ACCESS

DISCUSS PROBLEMS CONFIDENTIALLY
020 8772 9900
WWW.YOUTHACCESS.ORG.UK

CALM

HELPLINE FOR BOYS AGED 15+
0800 58 58 58
WWW.THECALMZONE.NET

ANXIETY UK

ANXIETY HELPLINE
08444 775 774
WWW.ANXIETYUK.ORG

ST. JOSEPH'S FAMILY CENTRE

FAMILY SUPPORT SERVICES IN WARRINGTON
01925 635 448
WWW.SAINTJOSEPHSFAMILYCENTRE.CO.UK

MIND

MENTAL HEALTH ISSUES HELPLINE
0300 123 3393
WWW.MIND.ORG.UK

CAMHS

CHILD AND ADOLESCENT MENTAL HEALTH HELPLINE
01925 579405
WWW.YOUNGMINDS.ORG.UK

CHILD BEREAVEMENT UK

CHILD BEREAVEMENT HELPLINE
0800 028 8840
WWW.CHILDBEREAVEMENTUK.ORG

HAPPY, OK, SAD

LOCAL MENTAL HEALTH WELLBEING HELP
01925 66 66 47
WWW.CANCERBACUP.ORG.UK

RELATE

RELATIONSHIPS HELP
0300 100 1234
WWW.RELATE.ORG.UK

BEREAVEMENT UK

BEREAVEMENT HELP
0300 100 1234
WWW.RELATE.ORG.UK

YOUNG MINDS

EMOTIONAL HELP
0800 802 5544
WWW.YOUNGMINDS.ORG.UK

BEAT YOUTH LINE

EATING DISORDER HELPLINE
0808 801 0711
WWW.B-EAT.CO.UK

PAPYRUS

YOUNG SUICIDE PREVENTION
0800 088 4141
WWW.PAPYRUS-UK.ORG

OCD UK

OBSESSIVE COMPULSIVE DISORDER HELP
0845 120 3778
WWW.OCDUK.ORG

MENTAL HEALTH FOUNDATION

MENTAL HEALTH ISSUES HELPLINE
020 7803 1100
WWW.MENTALHEALTH.ORG

NO PANIC

HELP WITH ANXIETY DISORDERS
0844 967 4848
WWW.NOPANIC.ORG.UK

CRUSE BEREAVEMENT CARE

SUPPORT FOR BEREAVED CHILDREN
0808 808 1766
WWW.CRUSE.ORG.UK

GRIEF ENCOUNTER

SUPPORT FOR BEREAVED CHILDREN
0808 802 0111
WWW.GRIEFENCOUNTER.ORG.UK

SAFER INTERNET

HELP KEEP YOUR CHILD SAFE ONLINE
0344 800 2382
WWW.SAFERINTERNET.ORG.UK

HEALTH MAGAZINE

FITNESS AND NUTRITION INFORMATION
WWW.HEALTH.COM

KOOTH

ONLINE SUPPORT FOR YOUNG PEOPLE
WWW.KOOTH.COM

SAFEGUARDING RESOURCE HUB

RESOURCES FOR VENERABLE PUPILS
WWW.SAFEGUARDINGRESOURCEHUB.CO.UK