

	B'fast	Morning Session Approx 9.30am-12.30pm	Lunch	Afternoon Session Approx 1.30pm-4.30pm	Shop	Evening Meal	Evening Session <i>For hygiene reasons please ensure all beds are made</i>
Tuesday	N/A	Estimated Arrival - 12.00pm Centre Induction	Own Packed Lunch	Group A (60) – CHOICE (1) Canoe (20) Paddle Board (10) Low Ropes (20) Via Ferrata (10) Group B (60) - CHOICE (2) Kayak (10) Bushcraft (20) Mtn Bike (10) High Ropes (20)	5pm- 6pm	6.00pm	<i>Own Activities</i>
Wednesday	8.30am	Group A (60) – CHOICE (2) Kayak (10) Bushcraft (20) Mtn Bike (10) High Ropes (20) Group B (60) - CHOICE (1) Canoe (20) Paddle Board (10) Low Ropes (20) Via Ferrata (10)	Cooked Lunch 12.30pm	Estimated Departure – 1.30pm	N/A		

Led by Conway Staff | Self-Led by Your Own Staff

Penketh High

You may not have access to your accommodation until the afternoon of your arrival, therefore it is important that all your group arrive dressed appropriately for the afternoon session. Please see our recommended clothing list.

Whitby Hall Lodge | Stanney Lane | Ellesmere Port | CH65 6QY

For further information about any of our services:

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