



Appendix 7 - Kit List

General Kit – this is needed as a minimum.

- Underwear / Nightwear
- Slippers/indoor shoes
- Suitable Trainers or Outside Shoes (Full toes protection that cannot slip off)
- Socks
- T shirts / tops
- Jumper / hoody
- Coat
- Wash Kit
- Towel
- Cap or sun hat (weather depending)
- Sun cream (weather depending)
- Plastic bag for damp/dirty clothes
- Drinks bottle – needed for Packed Lunches

Kit list for Outdoor Activities:

- All of the above +
- Old footwear or wellies that will get wet/dirty
- Fleece/jumper/hoody
- T shirt
- Trousers that are not denim
- Hat and gloves
- Swimwear for under clothes
- Towel
- Bobble to tie up hair

Optional:

- Camera – we recommend disposable
- Old t shirt or apron for art
- Watch – ideally waterproof
- Small amount of spending money

Please do not bring:

- Phones / electronics / I pads – **your responsibility if you do**
- Valuable personal items or any jewellery
- Aerosols

Please note that Conway centres can take no responsibility for lost property