

DISCOVER

kooth

EVENTBRITE FOR
PARENTS AND CARERS



Kooth.com is commissioned for young people across Cheshire between the ages of 11-18*. Kooth.com provides anonymous and personalised mental health support through self-help resources, peer forums and one to one text based counselling chats.

This Eventbrite session delivered by the Kooth Engagement Leads will include a presentation on all key points about the service, a live tour of the Kooth.com site and an opportunity ask any questions you have about the service.

Kooth is a FREE, anonymous, confidential, safe, online Wellbeing service, offering professional support, information, and forums for children and young people.

Access 365 days a year to counsellors who are available from:

12 noon-10pm Monday- Friday
6pm-10pm Saturday and Sunday

Log on through **mobile**, **laptop** and **tablet**.

*Kooth is commissioned for young people in:

- Warrington 11-18
- Cheshire (East + West) 11-18

To book on to the FREE session or to find out more, please follow the below links for your preferred date:

Wednesday 9th June - 4pm-5pm

<https://www.eventbrite.co.uk/e/152674035149>

Tuesday 22nd June - 11am-12pm

<https://www.eventbrite.co.uk/e/152678179545>

Or contact sreddrop@kooth.com for more information

