



YEAR 11 BTEC ROADMAP

Sport

KEY DATES

(e.g. mock exams, controlled assessment deadlines, residential trips, revision days, etc)

22/01/19 – All pupil work for Unit 2 Practical Sport & Unit 6 is fully completed & submitted on/before 21/01/19.

APR/MAY 19 – Pupils who are re-sitting Unit 1 online examination to complete.

W/C 29/04/19 – Assignment 1 completion for Unit 4. All work for Assignment 1 completed & submitted.

W/C 21/05/19 – Assignment 1 completion for Unit 4. All work for Assignment 2 completed & submitted.

ESSENTIAL RESOURCES

RESOURCES UNIT 4: THE SPORTS PERFORMER IN ACTION

(Inc. Reading, websites & e-resources)

TEXTBOOKS

Adams, M., Armstrong. et al. 2012. BTEC First in Sport Student Book, Pearson Education, ISBN 978 1 44690 161 8

VIDEOS

Boulton-Hawker Films Ltd, Energy Systems of the Human Body DVD, Coachwise Ltd

WEBSITES

- www.livestrong.com>health
- www.teachpe.com
- www.bbc.co.uk > Home > Physical Education > Exercise and training
- www.s-cool.co.uk/gcse/pe/how-the-body-obtains.../the-effects-of-exercise



TEACHING OUTLINE

W/C	UNIT/TOPIC	NOTES
07.01.19	Pupils to complete any outstanding work from Unit 2 Practical Sport (specifically 2C.P6/7 and 2C.M3 and 2C.D2)	Homework's will be provided for pupils who are missing certain assessment criteria and for pupils wishing to access the highest grading (i.e. "A.D1 and 2C.D2).
14.01.19		
21.01.19		
28.01.19		
04.02.19		
11.02.19		
18.02.19	Half Term	
25.02.19	Unit 4 – Poster 1. 2AP1, 2AM1. Short Term Responses on the Musculoskeletal System	N/A
04.03.19		
END OF FEB/MID-MARCH BTEC Sports Standards Verification Moderation. 4 pupils' work sent off to external examiner for moderation.		
11.03.19	Unit 4 – Poster 2. 2AP2, 2AM2. Short Term Responses on the Cardiorespiratory System	N/A
18.03.19		
25.03.19	Unit 4 – Poster 3. 2AP3, 2AM3. Long Term Responses on the Musculoskeletal System	N/A
01.04.19		
08.04.19	Easter Break	
15.04.19		
22.04.19	Unit 4 – Poster 4. 2AP4, 2AM4. Long Term Responses on the Cardiorespiratory System. 2A.D1 Comparison of 3 different sports activities.	N/A
29.04.19		
END OF APRIL/EARLY MAY All pupils who were awarded a U/L1P on Unit 1 exam to re-sit for final time. Approx. 6-8 pupils.		
06.05.19	Unit 4 – 2AP5, 2AM5, 2AD2. Describe the 3 energy systems and the function of each. Compare and contrast 2 sports performers for aerobic and anaerobic energy systems.	N/A
13.05.19		
20.05.19		
27.05.19	Half Term	
03.06.19	Complete any outstanding work from Unit 2, Unit 6 or Unit 4.	N/A
10.06.19		